Course Overview
This course introduces students to the issues of work-life balance and integration from the perspectives of an individual psychological construct to a negotiated social construct, generational differences, managerial/professional vs. low-wage workers, international approaches, and policy solutions. The course uses a broad definition of work-life, which goes beyond work-family to include broader care-giving responsibilities and life interests.

Class Grade
Your grade will be based on the following distribution:

- Class participation and attendance: 20 pts
- Personal Work-life Plan: 20 pts
- Presentation of Policy Proposal: 20 pts
- Final Exam/Quiz: 40 pts

Attendance/Participation:
As the course only meets five times, you are expected to attend every session. The nature of this topic is one which is best explored through group discussion. As a result, you are expected to actively participate and contribute to discussions in some form. If you are not one to be the most verbal in class discussions, you are encouraged to bring in items to share with the class, including video clips, current news articles, or other artifacts related to current or preceding class readings. Other options for participation include facilitating in small group work, posing questions or topics on discussion boards. **NOTE:** the use of electronic devices (including phones, tablets and laptops) is strongly prohibited in this class outside of group assignment tasks—it is a distraction you, me and your classmates, and will adversely affect your classwork grade.

Personal Work-life Plan:
Students will write a one-page work-life plan addressing their plans for integrating their career and life aspirations. Specifically, this should address where the two fit well together and where there might be potential conflicts.

Policy proposal (Group Project):
This in-class assignment will ask students to address work-life issues in the creation of policies from one of two perspectives: public policy or employer policy. More information will be provided in class.

Final quiz:
This will be administered on the last day of class, consisting of fill-in and short answer questions from course readings and discussions.
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<thead>
<tr>
<th>Week and date</th>
<th>Readings</th>
<th>Assignments</th>
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| 1. Introduction February 11 | Syllabus and introductions  
Overview of Work-life terms and theoretical approaches | |
| 2. Work-life and worker perspectives I  
Low-wage vs. professional/managerial  
| 3. Work-life and Changing trends  
| 5. Final class presentations March 11 | • No additional readings | FINAL QUIZ |